

# VIRTUAL VISIT INSTRUCTIONS

In an effort to promote social distancing to minimize the spread of COVID-19 (coronavirus) we are implementing virtual checks for all patients that are not able to come to Gupta Orthodontics in person. Depending on your current phase of treatment, the virtual visit may completely substitute for your regular in-person visit or it may allow us to assess how long we are able to delay your next in-person appointment.

Below are step-by-step instruction on how to capture the correct images and the best way to send them to us. Once we receive your images, Dr. Gupta will review them and a Gupta Orthodontics team member will reach out to you within one business day to let you know the next steps. If you have any questions, please contact our office and we are happy to help.

## 1 TAKE PHOTOS

The easiest way to capture these photos is using your cell phone and a pair of spoons to help get the cheeks and lips out of the way. Below are examples what the photos should look like:

**NOTE:** If you are undergoing Invisalign treatment or in clear retainers we would like the left, center, & right photos taken WITH your aligners/retainers in and the upper & lower photos WITHOUT your aligners/retainers in.



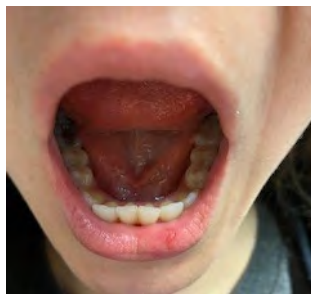
RIGHT SIDE



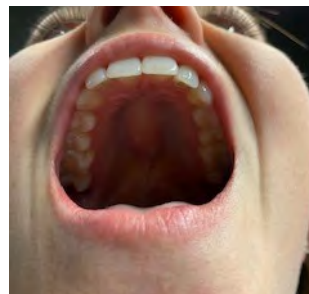
CENTER



LEFT SIDE



BOTTOM



TOP

## 2 SEND PHOTOS

Send the photos via email to [info@guptaortho.com](mailto:info@guptaortho.com). In the email note the patients full name, date of birth, and any concerns or questions they have about the progress of their treatment. A Gupta Orthodontics team member will be in touch with you within one business day.